#### East Lancashire Prostate Cancer Support Group Newsletter





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# Israeli team says new test takes uncertainty out of prostate cancer screening

By TOI STAFF 27th Feb 2018

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Next Meeting Thurs 1st March 2018



CellDetect manages to accurately screen for disease, solving problem of current test which sometimes shows cancer where there is none, makers say

Scientists at the Kaplan Medical Center in Rehovot say they are a step closer to developing a better method to screen for prostate cancer, marking a significant leap forward in removing guesswork from the process.

Prostate cancer is the second most common cancer among men around the world, but the main method of testing, screening for increased levels of prostate-specific antigens (PSA) in the blood, remains controversial.

Studies have shown that elevated PSA levels can sometimes show up years before a cancer develops or in benign conditions, leading to unnecessary biopsies and anxiety.

"There are still questions about whether the benefits of screening outweigh the risks for most men," the American Cancer Society says on its website.

However, Micromedic Technologies says its an initial test of its Celldetect technology managed to detect or rule out cancer in urine samples more accurately

than the PSA test.

Relying on a clinical study with 59 urine samples at Kaplan, which has been working with Cell-Detect for the last two years in developing the screening product, the company arrived at a high sensitivity rate of 91.3 percent, meaning it could rule out cancer accurately in most patients.

The company also reported a 75% specificity rate, meaning it could detect cancer in three-quarters of people who had it.

"The currently available diagnostic testing is known to be unreliable," said

Micromedic CEO, Guy Lerner. "With these clinical study results, we have the potential to transform prostate cancer diagnostics, offering patients a non-invasive, accurate and reliable test, and one that could improve the healthcare system through considerable cost savings."

Tests of CellDetect have previously proven similarly high efficacy rates for detecting cervical and bladder cancer, though the product has yet to receive approval from the US Food and Drug Administration.

## British actor Stephen Fry reveals battle with prostate cancer

From Eye Wittness News

British actor Stephen Fry reveals battle with prostate cancer

LONDON - British actor <u>Stephen Fry</u> said on Friday he has had surgery to remove his prostate after battling cancer for two months, adding in a video posted on Friday that the operation appears to have been successful.

The 60-year-old actor was part of the comic double act Fry and Laurie with actor Hugh Laurie, whom he knew from university, and has appeared in films such as "V for Vendetta," "The Hitchhiker's Guide to the Galaxy" and "Blackadder's Christmas Carol".

Fry said he had gone to his doctor just before Christmas to get a flu jab when signs of the cancer were first noticed.

He added that his whole prostate had been removed in an operation in early January and that the cancer did not seem to have spread.

"As far as we know, it's all been got... I generally felt that my life was saved by this early intervention," Fry said in the video on his website.

"For the moment, I'm fit and well and happy."

Last month, Fry stepped down as host of Britain's BAFTA film awards, having presented the ceremony 12 times. He is also known for presenting the BBC2 TV comedy quiz show QI.

He has spoken frankly about his health previously, and his struggles with anxiety and depression. In 1995, he fled a London theatre production just days after its opening in what he later called "emotional turmoil."

He won an Emmy in 2007 for his documentary "Stephen Fry: The Secret Life of the Manic Depressive".



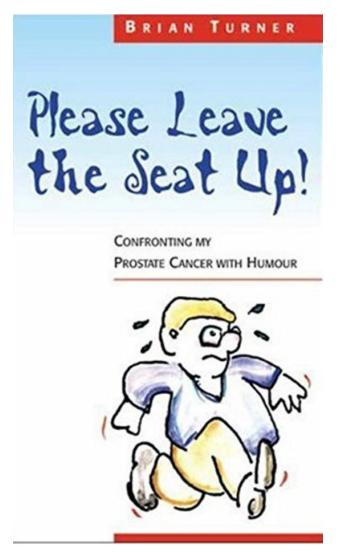
### Please Leave the Seat Up!: Confronting My Prostate Cancer with Humour

by <u>Brian Turner</u> really liked it 4.0 · Rating details · 1 Rating · 1 Review

This book is essential reading for any man over 50 or anyone who has been diagnosed with the "Big C." Not that this is a word that Brian uses to describe the nightmare he faced soon after arriving in America to take up a new job. An early visit to the doctors revealed a prostate problem, and his story is in part a diary of events covering the diagnosis of cancer and the treatment of his illness. In order to understand matters better, Brian gives us very informative descriptions of the organ and the treatment options for prostate cancer (one of the highest killers of men over 50), and that alone is a very useful education for the layman. But the story is much more than a diary or medical description. It's a story of courage and strength, and a laser focused determination to beat the disease. It's also a tender and intimate story of Brian's own reflections on his condition and his relationship with his wife Carol and his dealings with her roller coaster emotions as successes and setbacks unfold. Brian confronts adversity with a superb use of humour: every horrific event is balanced with an irreverent anecdote. His description of a 'Digital Rectal Examination' sets the tone of the book and later, recovering from the operation, the farting competition with a fellow sufferer brings tears to your eyes

This is a story that will give moral support and comfort to anyone suffering from a major ill-

ness. (less)



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From Left to Right Hazel Goulding (Treasurer) Leon D Wright (IT Admin) Stuart Marshall (Secretary) Steve Laird (Vice Chairman) Dave Riley (Chairman)

We are a group of local people who know about prostate cancer. We are a friendly organisation dedicated to offering support to men who have had or who are experiencing the effects of this potentially life threatening disease.

The East Lanc's Prostate Cancer Support Group offers a place for free exchange of information and help for local men and their supporters (family and friends) who may be affected by this increasingly common form of male cancer.

At each meeting we strive to be a happy, supportive and upbeat group of people; encouraging open discussion on what can be a very difficult and perhaps for some an









