

East Lancashire Prostate Cancer Support Group Newsletter



Volume 10

Issue5

Date May 2021



Welcome To The May 2021 Edition

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From: riley.d7
Sent: 04 May 2021 19:04
To: Leon Wright
Subject: Fwd: Tackle Prostate Cancer Briefing May 2021

Hi Leon, another for insertion.
D.

Sent from my iPhone

Begin forwarded message:

From: Sarah Gray <sarah.gray@tackleprostate.org>
Date: 4 May 2021 at 18:59:31 BST
To: Dave <riley.d7@sky.com>
Subject: Tackle Prostate Cancer Briefing May 2021
Reply-To: Sarah Gray <sarah.gray@tackleprostate.org>

[View this email in your browser](#)



Tackle Monthly Briefing May 2021

Welcome to our May monthly briefing. We trust you and your family are staying safe and have received your first vaccination and maybe even your second. This is the second of our new communication briefing, which we hope you will find useful; the information within it is for you, our key group contacts to use in your own newsletters and communications with

your group members, and also for us to ask you for comments, thoughts, and information from time to time. We are going to press with the May issue of Prostate Matters shortly, so look out for your copy towards the end of the month

Helpful info and tips for you and your members

Update on [One Cancer Voice](#)

Last month Tackle joined 48 other cancer charities to tell the governments a united message: we are ready to work with you to help plot a route out of the pandemic, and towards world leading cancer services.

We thought you'd be interested in the summary of coverage and our next steps.

As well as Newsbeat, it has been on BBC Breakfast, BBC News Channel, Radio 4 Today news, 5 Live breakfast and drive, national AM summaries, some BBC local radio outlets, plus a written piece for BBC News online and a digital video. It's been covered by nationals including The Times, Mail Online, The Sun, The i, Evening Standard, The Guardian and Sky. Reach ran it across loads of their regional titles too. On twitter #OneCancerVoice reached approximately 2.67million people, so we think this demonstrates the value of collaboration

Tackle has joined Europa Uomo and more than 290 International, national and

We need your help

Tackle Website refresh

We are excited to announce that we have engaged a digital agency to redevelop our website. So we can build a website that meets your needs as well as ensuring we can all reach and support more people with prostate cancer it is important that we get your views. We would be grateful if you could send this short survey out to your members. The closing date for responses is 18th May. The [link for the survey is here](#), and all responses will go directly to our digital agency.

If you would like to comment or discuss any aspect of this briefing or would like more information on our new website, then please contact Sarah at sarah.orew@tackleprostate.org.

As we reported last month, Siobhán has taken over the editorship of Prostate Matters, so please do share your group news, ideas for articles as she wants to hear from you. Your feedback is vital, and we need you to tell us what's important to you. We are always looking for case studies to help us raise awareness. Please email her at editor@tackleprostate.org

regional cancer organisations around the globe to offer support to governments in efforts to improve the situation for cancer patients globally in the light of the COVID-19 pandemic.

In an [open letter](#), the organisations point out that the pandemic has severely disrupted cancer detection and care services globally, with 2020 seeing a 40% drop in cancer diagnoses.

38 degree has launched a petition: ['Tackle the cancer backlog'](#)

We shall be running a feature on PSA testing and the importance of our continued campaign to get a national screening programme in the next Prostate Matters. But in the meantime, we have come across these articles, which you and your members may find interesting:-

PSA population screening is back in favour: [here's why](#)

Prostate Cancer Screening and the Role of PSA: [A UK Perspective](#)

Upcoming Events

It's [Mental Health Awareness week](#) starting on 10th

May. The theme this year being 'nature'

It's time to get walking for [National Walking Month](#)

May is National Walking Month and now the evenings are lighter for longer, this makes it the perfect time to get outside, and get walking. Walking has a whole host of different health benefits that you can use to motivate you to introduce walking into your daily lives.

A Note From Sarah, our National Support and Development Manager

I do hope you are all well, apologies for the lateness of this briefing, unfortunately, I had a bit of an accident jumping out of the shower, which had me laid up for a week. Slowly

recovering now, but alas, I am a bit behind on tasks. As Ken said last month, this monthly briefing will change and adapt over the coming months, so please do let us know what you think, and give us suggestions for what would be useful.

At the last Support Group Leaders Network meeting, we talked about your feelings on reintroducing face to face meetings. People at the meeting discussed hybrid meetings, and from conversations I had already been having, I know that many groups can see the possibility of keeping Zoom meetings for Winter months, and also perhaps having a monthly Zoom followed by a face to face meeting. I would be really interested to hear more about your plans, what you see as opportunities, if you are encountering any issues or difficulties, and importantly what would be useful support from Tackle to help you relaunch your face to face meetings.

Please also remember that you can access up to £800 by making an application to our Small Grant fund once every 12 months, this can help you run your groups , and can be used to purchase equipment, advertising and marketing etc. If you would like more details, get in touch with me.

As we look to the future, we are very pleased to have started the work on refreshing our website and making more of our brand. In the conversations we have been having since I came into post, I have heard many of you tell me that it would make it easier for you to run your groups, if you didn't have to 'reinvent the wheel' , and we could share share the great work that you are all doing. Therefore, one of the features we have asked the agency to provide for us is a new members only section. This will be a secure bit of the website for groups leads and committee members where we will keep all the assets such as templates for leaflets, posters, as well as a host of toolkits to help you do everything from reaching more diverse audiences, attracting volunteers, committee governance, raising awareness of your groups.

To make sure this meets your needs we are really keen to involve you as much as possible in this work, so alongside the survey we have asked you to send out to your members, we are also looking for people who would like to work with us on what this might look like and we can call upon whom to test various aspects of the new website . If you are interested then please let me know.

As always, as your federation, we are here to support you to run your groups. You can contact me on 07726 083633, or email me at sarah.urne@tacklewrestle.org



The Rotary Club of Burnley Classic Vehicle Show

Towneley Park, Burnley, Lancashire, BB11 3RQ



Show Admin: 25 Borrowdale Drive, Burnley, BB10 2SG, Email: gs45@sky.com
www.burnleyclassicvehicleshow.org. Mobile Telephone: 07505492034



Council for Voluntary Services are this year
sponsoring the Arena - with Guest Radio
Presenters



Motor Dealer's display of
New Cars



Over 300 Classic
Vehicles & Motor Bikes



Helicopter Rides



Children's Rides



Beer & Wine Tent, Multiple
Refreshment Points & Trade Stalls



Caravan & Camping Club Meet, book with
the club early to avoid disappointment

Cliviger Ukulele Band
Burnley Alliance Brass Band



Show Programme, Artwork & Marketing material
sponsored by Smith Sutcliffe Solicitors
Tel: Burnley 01282 426251; Padiham 01282 778434
www.smithsutcliffe.com

**Sunday
27th June
2021
Towneley
Park
11am
Start**

From: riley.d7
Sent: 29 April 2021 10:07
To: Leon Wright
Subject: Fwd: Macmillan needs your feedback

Hi Leon, another for the newsletter please. D.

Sent from my iPhone

Begin forwarded message:

From: Macmillan Cancer Support <latest@macmillan-email.org.uk>
Date: 29 April 2021 at 09:23:08 BST
To: riley.d7@sky.com
Subject: Macmillan needs your feedback
Reply-To: Macmillan Cancer Support <re-FY7-7CLL-KYZ4DQ-C1615@macmillan-email.org.uk>

In our on-going effort to improve our services, we would like your feedback...

MACMILLAN
CANCER SUPPORT

**PLEASE TELL US
WHAT YOU THINK**

Dear David,

Can we please ask for feedback on your recent experience with Macmillan. It will take five minutes to do and will make the world of difference to us and the people we support.

Your time doing the survey helps us know where we could do better and where we're succeeding. If you've already completed our web-chat survey or phone survey, please ignore this request. Otherwise, we'd love to hear how we did...

Take the survey

All responses will be treated confidentially, and data will be recorded anonymously. We promise to keep your details safe and never sell or swap them with anyone. Our [privacy policy](#) explains how we keep this promise.

In these extraordinary times, Macmillan's priority is the health and wellbeing of people with cancer, Macmillan professionals, our staff, supporters and volunteers. For the most up to date clinical information and advice, please visit the NHS website. We have information on other types of support, including emotional and practical, on our dedicated [Coronavirus hub](#). We are working hard to get the very latest information for people living with cancer and we will be updating this with news and support as soon as we have it.

Thank you so much for your time.

Best wishes,



Lindsay Grievs
Head of Customer Experience

PCUK Another Step Towards a Screening Programme



For grandad and men everywhere: another step towards a screening programme.

Back in February Dr. Jennifer Munkley asked for your help to catch prostate cancer earlier for men like broadcaster Bill Turnbull and her granddad, who was diagnosed with advanced prostate cancer during lockdown.

Dr. Munkley is one of several researchers you fund looking at better ways to test for prostate cancer. And she may have the test that men need. Her work studies glycans, groups of sugars on the outside of prostate cancer cells that could be exploited to improve diagnosis and treatment of aggressive disease.

Unlike the PSA test, her GlycoScore blood test can accurately differentiate between low-risk prostate cancer and cancer that needs urgent treatment, which means it could be used as part of a national screening programme for prostate cancer.

Yesterday, Jennifer learnt that the GlycoScore test has now secured the funding needed to take this research to the next level. Thanks to your help early on, several investors are now stepping in to support Dr.Munkley and her team develop this test further.

Today, Dr.Munkley has a message for you – straight from the lab.

WATCH DR. MUNKLEY'S MESSAGE

Men, we are with you.



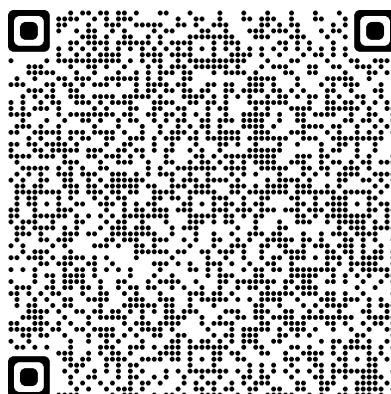
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Two minutes with... PGA Pro Danny Willett.

Get in the hole. Danny Willett has chosen Prostate Cancer UK as official charity of The British Masters! We grabbed two minutes with him at The Belfry ahead of the tournament to hear about his motivations and how a birdie or an eagle from him this weekend could go a long way to help beat prostate cancer.

Danny, we love seeing you in your Man of Men badge, and you've got one on your bag too...

Yeah, I'm standing next to a big Man of Men. He's a nice size, isn't he? It's great to be up close and see all the variations of men. What a great logo.

I've had the Man of Men on my bag and I'm playing more in America, but I think the awareness is greater here in the UK. Partly because we see it so much here with Sky Sports and through other sports personalities. It's a statement and a symbol. It gets the guys asking questions, and then a conversation about prostate cancer happens, that person relays to someone else, and that's how the word spreads. I'm only 33 now but if awareness increases for people my age that can only be a good thing.

When I first read the stats, 1 in 8 men, it's a staggering number. Most people don't pay

attention to an illness until someone close to them gets it. But that's the whole point of what we're doing.



Denny sneaks up on his mate John Brownless

Tell us why you chose Prostate Cancer UK as official charity partner of BetFred British Masters at The Belfry This May.

Yes, one of the privileges of being host is the opportunity to select the Official Charity Partner of the tournament. After hearing about the work of your ambassador, and my fellow Yorkshireman John Brownless, I wanted to choose Prostate Cancer UK as the charity for this year's tournament. People like John need to be recognised for the contributions they've made.

John has raised more than £50,000 for the charity. One of his golf days a couple of years ago really captured my attention. Hearing stories of men joyfully sprinting across the golf course to thank him for saving their lives highlights just what a special guy he is.

I was lucky enough to surprise John earlier in the week, and say thanks to him for his

tireless efforts. I'm determined to play well as host and to play for John and thousands of men like him who love golf and want to support Prostate Cancer UK.



"Hearing stories of men joyfully sprinting across the golf course to thank John for saving their lives highlights just what a special guy he is."

BetFred have a very generous competition with a charity donation involved too.

Yes, Betfred have pledged £1,000 for every birdie and £2,000 for every eagle I make at The Belfry, with all donations going directly to Prostate Cancer UK. Hopefully there'll be many. The tournament's title sponsor will also donate £50,000 for the first hole-in-one by a professional on the 14th hole. All going well, we'll raise a few quid and make a

difference.



And that's something any golfer can do with their mates, as part of [The Big Golf Race](#) which I know you're a big supporter of. Four rounds in a day, how does that sound to a pro?

Four a week is enough for us pros on tour! Four a day starting at the crack of dawn and finishing in the dark, that's a lot of walking and a lot of shots hit. But what a great concept. [Get your mates involved and do something different.](#) Get some Sudocram on and wear some comfortable shoes, if you're out there for 72 holes!

SIGN UP TO THE BIG GOLF RACE TODAY

Men, we are with you.



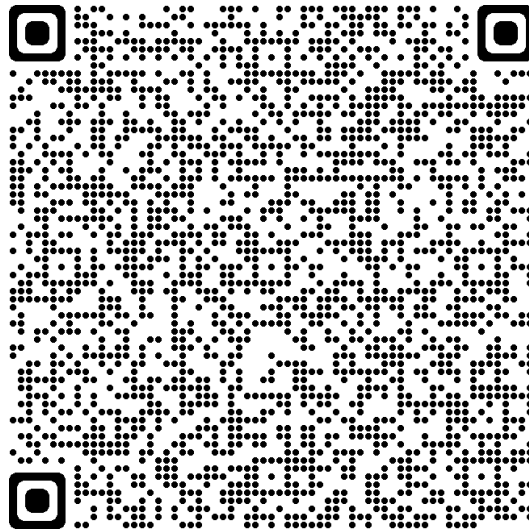
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I have some big news, David.

Hi, Jeff here — y'know, the bloke talking about football on the telly every Saturday?

I deal in stats every week, but there's one that still shocks me: prostate cancer is the most common cancer in men, and 1 in 6 will get this deadly disease.

That's why I wear this badge. This is our Dads, partners, brothers, grandads, uncles and friends. And I sadly lost some friends to prostate cancer this year. We lost the great Ray Clemence, a terrific goalkeeper and a terrific human being. I also lost my mate Lloyd Pinder, an incredible man, a loving dad and husband, and a tireless supporter of Prostate Cancer UK.

It's men like Lloyd and Ray and their families that I have in mind when I invite you to join me later this summer at a really special event...

[WATCH MY ANNOUNCEMENT TO FIND OUT MORE](#)

Jeff
Stell

Men, we are with you.



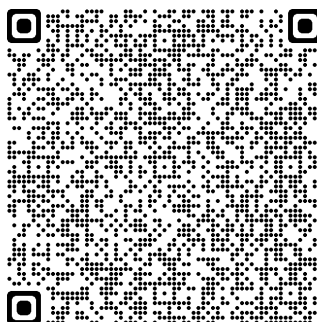
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Contact Information

Tel: 07548 033930
E Mail elpcsginfo@virginmedia.com

From Left to Right Hazel Goulding (Treasurer) Leon D Wright (IT Admin) Stuart Marshall (Secretary) Steve Laird (Vice Chairman) Dave Riley (Chairman)

We are a group of local people who know about prostate cancer. We are a friendly organisation dedicated to offering support to men who have had or who are experiencing the effects of this potentially life threatening disease.

The East Lanc's Prostate Cancer Support Group offers a place for free exchange of information and help for local men and their supporters (family and friends) who may be affected by this increasingly common form of male cancer.

At each meeting we strive to be a happy, supportive and upbeat group of people; encouraging open discussion on what can be a very difficult and perhaps for some an embarrassing subject. We have lively, informative, interactive, sharing and above all supportive meetings.



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