

Minutes of Meeting 66, Thursday 2nd June 2016, 2-4pm

Venue: Burnley Gen Hospital, Mackenzie Centre

19 people present: We have no speaker today but John H. is showing a video in our 2nd half on Diet and Lifestyle. Apologies received from Debbie our specialist nurse and Colin S.

Chairman's Report. Dave opened the meeting by reading the minutes of the May meeting. He reported that 10 people have put their names down to see the Detector Dogs in Milton Keynes and that he has contacted taxi firms for a 16 seater mini-bus. He is now awaiting a price and then we will settle on a date.

Dave told the meeting about the forthcoming Conference and AGM of the National Federation of Prostate Cancer Support Groups (Tackle) to be held in London on Tuesday, 21st June. It is hoped that East Lancs Prostate Cancer Support Group will be represented and if so, it will be reported on at the next meeting in July. He mentioned that there is to be a Prostate Cancer Road show in Manchester on 17th June. There's a website to publicise this: It's all about updates on treatments. Dave has the website details if anyone is interested.

Dave informed the meeting of the Classic Car Rally which is to be held at Towneley Park on 26th June. We usually take our stand there for that and he asked for volunteers. He is hoping to order some tabards which could go over a suit if everybody is in agreement. This was unanimously agreed!

He also spoke of the epic walk to football clubs throughout the country by Jeff Stelling (Sky Sport & Premier League Football Reporter) who raised an amazing amount of over £600,000 for Prostate Cancer. He also reported on the fact that we have obtained a book for our library by Alan Lawrenson - ABC of Prostate Cancer and he is researching another book and has found out lots of additional information he would like to share with us. If we get more information we shall pass it on.

Dave then gave us an amusing insight into his trip to LA where he attended 2 Prostate Support Groups which are run by the LA police dept. He told us how they do things over there and it was a very thought provoking way.

Secretary's Report Stuart told the group that the next meeting on 7th July is to be held in a downstairs meeting room (bottom of the stairs). We could be struggling to make the brews, but we will cope as best we can.

Gary Steele has informed Stuart that he has had the donation from Barry Kilby for the April Blood Testing Event and this amounted to £3,829.00. At the February blood testing event a man was diagnosed with a high reading and has been fortunate enough to start early treatment. His daughter and niece held a fund raising event at the Yarn Spinners Health Centre in Nelson (attended by Stuart & John G. with our stand) and the girls managed to raise nearly £900 for Prostate Cancer -and its continuing. They have offered us any assistance we might need and inform us that they would be happy to help where they can. The niece of this gentleman spoke to us briefly at our April meeting and the family are hoping to attend the July meeting with an update. Stuart informed the meeting that in the 3

blood testing events which the Support Group arranged 120 men had been advised to see their G.P.

The North West British Telecom Union is putting our website on their safety website.

At the September meeting there is going to be a talk by a Consultant Urologist based at Blackburn called Shalom Srirangam. So this is one for your diary!

A video was then shown of our ex Chairman, Martin Wells, and his journey & feelings when he discovered he had Prostate Cancer. A general discussion then took place about Martin's video. Tim O was impressed with this video and thought it would be going forward if men wished to talk about their feelings at the meeting and could even be beneficial. A general discussion took place, with the women saying that they could leave the room if men wanted to discuss personal feelings. Dave spoke about how they "do" things in America and an informative discussion took place on how we can move forward and help our members at our meetings.

BREAK FOR BREW

THE Raffle made £26.00

In the 2nd half of the meeting a video was supplied by John H. on diet and lifestyle. This video was excellent and provoked a general discussion about healthy lifestyles. A general feeling was that you have to help yourself.

Dave closed the meeting with one of his famous Prostate Jokes and a reminder that the **next meeting on 7th July** will be held in a downstairs room.