

## **Good info on using the whole lemon vs. only the juice...**

Lemon productions became more and more abundant around the world because of its nutritious contents. Lemons are used in many different ways in lemon industries and factories, but not among households.

How do you eat or taste lemon in your house?

Probably, you do not know how to apply lemon the right way. Do you just squish a few drips to your whisky, vegetable salad, bread, ice cream, roasted meat, cake, baked chicken, fruit drinks, or to your other favorable dishes? If so, what a waste!

Here, I'll tell you the real use of lemon

I'm sure you know how nutritious a lemon is. But you may only know how to use it as a simple seasoning, as most people do, and not as a side dish.

You think that only the squished juice from lemon is used, while the lemon peel is thrown away. Yes, you think that you only need that sour, citrus taste of the lemon's juice, is that right?

However, we found out that many professionals in restaurants and eateries are using or consuming the entire lemon and nothing is wasted.

How can you use the whole lemon without waste?

Simple...place the lemon in the freezer section of your refrigerator. Once the lemon is frozen, get your grater, and shred the whole lemon (no need to peel it) and sprinkle it on top of your foods.

Sprinkle it to your whisky, wine, vegetable salad, ice cream, vegetable soup, chicken soup, curry soup, noodles, spaghetti sauce, rice, sushi, meat loaf, sausage, fish dishes, and ramen. It doesn't matter whether it's a Chinese dish, Italian dish, French dish, African, Indian, Japanese, Korean, or Latin American dishes, you just name it.

All of these foods will unexpectedly have wonderful taste, something that you may have never tasted before in your life. You don't believe me? Just try it and you will agree with me.

**Everything will certainly taste great!**

Most likely, you only think of lemon juice and vitamin C. Not anymore. Now that you've learned this lemon secret, you can use lemon even in instant cup noodles.

What's the major advantage of using the whole lemon other than preventing waste and adding new taste to your dishes?

Well, you see lemon peels contain as much as 5 to 10 times more vitamins than the lemon juice itself. And yes, that's what you've been wasting. But from now on, by following this

simple procedure of freezing the whole lemon, then grating it on top of your dishes, you can consume all of those nutrients and get even healthier.

The lemon peel is good in making you slim if you are a fat person, or makes you healthy fat if you are skinny.

It is very good that the PYRO-ENERGEN is also for the taste of all people. It's also good that lemon peels are health rejuvenators in eradicating toxic elements in the body.

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So place your lemon in your freezer, and then grate it on your meal every day. It is a key to make your foods tastier and you get to live healthier and longer! That's the lemon secret!

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***Better late than NEVER!***

The surprising benefits of lemon!

Institute of Health Sciences, 819 N. L.L.C. Charles Street Baltimore , MD 1201.

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This is the latest in medicine, effective for cancer!

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Lemon (Citrus) is a miraculous product to kill cancer cells. It is 10,000 times stronger than chemotherapy.

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Why do we not know about that? Because there are laboratories interested in making a synthetic version that will bring them huge profits. You can now help a friend in need by letting him/her know that lemon juice is beneficial in preventing the disease. Its taste is pleasant and it does not produce the horrific effects of chemotherapy. How many people will die while this closely guarded secret is kept, so as not to jeopardize the beneficial multimillionaires large corporations? As you know, the lemon tree is known for its varieties of lemons and limes. You can eat the fruit in different ways: you can eat the pulp, juice press, prepare drinks, sorbets, pastries, etc... It is credited with many virtues, but the most interesting is the effect it produces on cysts and tumors. This plant is a proven remedy against cancers of all types. Some say it is very useful in all variants of cancer. It is considered also as an anti microbial spectrum against bacterial infections and fungi, effective against internal parasites and worms, it regulates blood pressure which is too high and an antidepressant, combats stress and nervous disorders.

The source of this information is fascinating: it comes from one of the largest drug manufacturers in the world, says that after more than 20 laboratory tests since 1970, the extracts revealed that: It destroys the malignant cells in 12 cancers, including colon, breast, prostate, lung and pancreas ... The compounds of this tree showed 10,000 times better than the product Adriamycin, a drug normally used chemotherapeutic in the world, slowing the growth of cancer cells. And what is even more astonishing: this type of therapy with lemon extract only destroys malignant cancer cells and it does not affect healthy cells.