

## MINUTES OF MEETING NO 7<sup>th</sup> MAY 2015

### VENUE: BURNLEY GEN. HOSPITAL, MACKENZIE CENTRE/ LIBRARY 2-4pm

30 people present including speaker Lesley Pierce and our specialist nurse Debbie. Apologies were received from Colin S., Ramon & Niru & Glenn. We had 1 new member Peter.

Dave, Chairman, opened the meeting by reading April's Minutes and informing the group of matters arising. He reported on the football collections at Blackburn Rovers and Accrington Stanley which had raised £519 and £123 respectively. He reported on the Prostate Cancer UK fund raising at Events City (Manchester) Golf Exhibition which made £3,000 for P.C.UK and where Dave, Stuart and John H. helped with fundraising on the stands.

Dave read a letter from Cardiff Prostate Cancer Support Group who wanted help and ideas for modernising their group to make it more helpful to men with Prostate Cancer.

He then reported on the visit we had to the Sanctuary of Healing attended by 19 people. 30 people were expected to turn up but as only 19 people arrived we may have to look for a deposit from people if they say they are going to events in the future. He reported on the fact that there is a special rate for treatments at the Sanctuary if we let them know we are from the Prostate Cancer Support Group and these are cheaper!!!

Stuart, Secretary then told the group about the speaker for the 2<sup>nd</sup> half, (after coffee), Lesley Pierce a nutritionist from the Sanctuary of Healing gave a talk on the power of water in the diet - which may help some of our Prostate Cancer sufferers.

He reported on the fund raising event by Barry Kilby at Burnley Football Club where members had volunteered to do a "bucket collection" which had raised £2,420 on the day of the Leicester City Match (before the game). At present the fund raising is still on-going, Barry had asked for ideas on where he could donate some of the money, another blood testing event was suggested or a contribution towards the Robotic Arm for treating Prostate Cancer in the East Lancs area. HOT OFF THE PRESS! – money has been sanctioned in Parliament for the Robotic Arm for Burnley General Hospital.

Stuart has been approached by Gary Steele MBE, - a blood testing event has been suggested by Burnley Miner's Club in Burnley and Gary wondered if volunteers could be arranged similar to the Burnley Football Club event. Stuart had suggested that maybe a joint venture between Burnley Miners Club and the 110 Club may be better in respect of attracting more men for testing. At the present time nothing conclusive has been arranged as Gary is waiting for a date from the Miners club

**Prostate Federation (tackle) has a new National Help Line number 0800 0355302 if anyone requires help or to talk to someone about Prostate Cancer.**

Debbie H., our specialist Urology nurse sent Stuart some information on the Macmillan s called Cancer Awareness, where there are workshops on buddying and befriending, listening & responding, loss & bereavement & Support Group training at various venues in the North West – more information is on the E.L.P.C.S.G website.

Dave then read various articles from Newspapers on “breakthrough” treatments for Prostate Cancer. He read a piece on Politics (apt on voting day). He also read a piece on genes and Cancer & one about Tamsulosin a drug that is given to men to treat enlarged prostate -BPH (benign prostate hyperplasia).

**BREAK FOR BREW**

The 2<sup>nd</sup> half of the meeting featured a very informative talk by Nutritionist Lesley Pierce on the benefits to the body of drinking water and how the body cries out for water. A copy of her book on Water (the elixir of life) has been put into our Prostate Support Group library.

After the talk, Lesley was thanked and Hazel presented her with a plant and then the meeting drew to a close. We could not end a meeting without one of Dave's famous Prostate jokes and a reminder that the next meeting will be held on Thursday, 4<sup>th</sup> June 2015 at the McKenzie Medical Centre when it is hoped there will be a talk by a volunteer speaker from Prostate Cancer UK.

The raffle made £39

**Next meeting: Thursday 4<sup>th</sup> June 2-4pm, Burnley Gen. hospital Mackenzie Centre**